



FROM THE EXECUTIVE DIRECTOR: Tom Hursey

Summer's over and it is back to doing what you are paid to do...teaching and coaching. Be aware that the term "Coach" brings with it a responsibility that other teachers are not privileged to have. Like it or not, you are looked up to by all students and with it comes the need to be a role model. Not only will your actions be scrutinized by your athletes, but also by the student body. You owe it to the coaching profession to be a POSITIVE role model.

I am happy to announce that **Scott Lewis, Varsity Coach at Grand Ledge**, was recently recognized as one of the 40 Under 40 winners. This award honors 40 professionals under 40 years of age that have demonstrated involvement, innovation and commitment to high school sports. In Scott's time at Grand Ledge he has developed a K-12 basketball clinic that has been attended by more than 1000 kids. He has expanded and developed elementary, middle and high school camps and leagues, and pioneered a parent/child camp at Grand Ledge to mentor sports parents. To learn more about the Sports 40 Under 40 program, visit <https://coachad.com/40under40/>

If you are reading this then you have already renewed your BCAM membership. But are the rest of your school's coaches registered?? Do what most schools do and join using the SCHOOL MEMBERSHIP. You can subtract what you have already paid for the single membership and just pay the balance on the School Membership. Contact amy@bcam.org if you have questions about this.

You should have received information in the mail about the Fall Clinic sponsored by Rawlings. It is highlighted by Coach John Beilein who will be speaking. Coach Beilein will also be inducted into the BCAM Hall of Fame. Make sure to sign up NOW for the clinic since October 6 will be here quickly and schools take time to process your registration request. <http://www.bcam.org/content/bcam-coaches-clinic>

Longtime Detroit Mackenzie basketball coach, **Elbert Richmond**, passed away at the age of 87. Coach Richmond was a member of the BCAM Hall of Fame. His team won the 1979 Class A State Championship. The Detroit basketball community, as well as the state of Michigan, will miss Elbert.

BCAM continues to be a leader among associations around the country. From our clinic to our hospitality room to our awards program to our Hall of Fame/Hall of Honor to our mentor program to our scholarship program to our Reaching Higher program to our BOCCC. The list goes on and on. This Monthly Report is an August-September issue since we have so few members early in August. BCAM has many events and programs to inform you about. In this newsletter are articles about some of these programs and events. Take the time to read them since many of them will interest you.

THE BCAM MISSION STATEMENT: As a united body, BCAM exists to represent and serve basketball coaches for the betterment of our great game!

DUE PROCESS FOR COACHES

At the national conference of the National High School Basketball Coaches Association (NHSBCA) this past July there was much discussion about parent difficulties and "Due Process for Coaches." A couple of items that I would like to talk about are:

1. Parents need to know that there is a process to follow when they have concerns. It starts with contacting the coach. It does not start with the AD or principal or superintendent. Hopefully your school system has a policy paper that explains this process. If not, get one that you discuss with parents at a parents meeting at the beginning of you season.
2. Make sure your AD supports the above process. If you have a new AD, you should meet with him/her and mentor him/her as to this policy. Many coaches have lost their job by parents going directly to a higher authority before meeting with the coach. Hopefully, ADs will have the courtesy to direct parents to the coach in an effort to answer concerns.

<http://www.bcam.org/content/guide-fair-treatment-coaches>

2018 HALL OF FAME INDUCTEES:

Bob Anderson (Gaylord SM, Vanderbilt, Alma and Ithaca)
John Beilein (University of Michigan)
Sheryl Mox (Potterville HS)
Ernie Righetti (Roeper High School & Ann Arbor Greenhills)

2018 HALL OF HONOR INDUCTEES:

Assistant Coaches:

Bob Edison (Grand Haven HS)
Thomas Faylor (Birmingham Seaholm HS)
Gerald Johnson (Farmington HS)
Ed Kritch (Northville HS)

Media:

Chris Stevens (Midland Daily News)
Lloyd Wallace (Ludington Daily News)

2018 DISTINGUISHED SERVICE AWARD:

Dorene Ingalls (St. Ignace HS)

IF YOU WOULD LIKE TO ATTEND THE HALL OF FAME BANQUET TO HELP RECOGNIZE THESE OUTSTANDING COACHES AND BASKETBALL SUPPORTERS, GO TO <http://www.bcam.org/content/hall-fame-hall-honor-banquet>

2017-18 BCAM Scholarship Winners

James Ansel – Kalamazoo Comstock HS
Ian Clancy – Indian River Inland Lakes HS
Katie Cornett – Muskegon HS
Eleanor Debo – Bay City All Saints Hs
Samantha Dunn – Jonesville HS
Zoe Engle – Hastings HS
Alex Hazen – Hopkins HS
Thomas Hursey – Suttons Bay HS
McKenna Keefe – Grand Haven HS
Allison McDevitt – Brooklyn Columbia Central
Jake Meengs – GR South Christian HS
Lindsey Morris – Adrian Madison HS
Alyssa Rozanski – Birchwood Academy
Margaret Schultz – Gaylord St Mary Hs
Gavin Wright – Ann Arbor Huron HS

BCAM Member Parent

Justin Ansel
Patrick Clancy
Sam Cornett
Michael Debo
Tom Dunn
Mike Engle
Rick Hazen
Todd Hursey
Kelly Keefe
David McDevitt
Jeff Meengs
Kathy Morris
Michael Rozanski
Pat Schultz
Andrew Wright





2018 REACHING HIGHER SHOWCASE - MILFORD HS - JULY 17

The **Girls' Reaching Higher** program went off without a hitch on Tuesday, July 17 at Milford High School. Speaker Dave Ginsberg started the program off with a bang, giving both players and parents much needed information about life (and how to be a human being) as well as playing basketball. Dave's presentation was followed by speaker Mar'Lisa Braxton's own personal account of being recruited and the life of a college basketball player.

As the girls headed to the gym to start working on their game, the parents were introduced to some facts about the recruiting process and expectations of the athletes (and of the parents) by speakers Marc Comstock and Mike Watson.

Sixteen outstanding high school coaches put the girls to work on their ball-handling, shooting, communication skills and hustle by leading them through 5 different demanding drill stations in front of coaches from 14 different colleges from Michigan and Ohio. The coaches were then able to watch the girls play 3 games to conclude the event.

The talent level was high and the girls did not disappoint any of the coaches in attendance as several of the coaches commented that this was "the most talented group of girls" to attend a Reaching Higher event. One coach even commented that there were at least 20 legitimate Division II players in attendance at the event. Overall, it was an outstanding day for everyone. *by Tim Rezich/Liz Grunch - Directors*

The **Boys' Reaching Higher** Event got underway with legendary coach Dave Ginsberg giving players, parents, and many things to think about. Then the NCAA Division-1 all-time leader in 3PT shots made, a product of Okemos High School and Oakland University, Travis Bader motivated the players by sharing his story and how only one Division-1 scholarship has helped lead him to playing professional basketball overseas spending this past season in Greece.

From there, the players were directed to the gym to warm-up with Sports Speed and Performance director, Jason Nolan. The parents stayed to hear Marc Comstock and Mike Watson share the realities of recruiting and playing at the collegiate level.

High school coaches with league, district, regional, and state championship hardware from all across the mitten were there to facilitate the players in skill work ranging from shooting, ball-handling, finishing at the rim, and transition offense and defense. The players participated in three games after the skill work was completed. Several college coaches were in attendance to evaluate the players. After a year absence, the collegiate coaches were very excited to have the Reaching Higher Showcase return. *by Don Gauthier -Director*

Mens' Colleges in attendance: Adrian College, Albion College, Alma College, Aquinas College, Calvin College, Concordia Univ., Davenport Univ., Hillsdale College, Hope College, Kalamazoo College, Lake Superior State Univ., Lawrence Tech, Madonna Univ., Northwood Univ., Saginaw Valley State Univ., Siena Heights Univ., Spring Arbor Univ., The College of Wooster, Univ of Michigan-Dearborn, Univ. of Northwestern Ohio, Wayne State Univ.

Womens' Colleges in attendance: Adrian College, Albion College, Alma College, Calvin College, Concordia College, Kalamazoo College, Lake Superior State Univ., Macomb Comm. College, Rochester College, Siena Height Univ., Spring Arbor Univ., Univ. of Michigan - Dearborn, Wayne State Univ.

RESPONSE FROM A PARENT ABOUT THE REACHING HIGHER SHOWCASE:

Good morning! My son Reggie Williams III (Saginaw Arthur Hill) attended and participated in the BCAM Reaching Higher Event this past Tuesday at Milford High School. I just wanted to write to express how impressed I was with the event. I've been coaching high school basketball for the past 15 years in various capacities along with travel basketball. I've been to different camps throughout the country and BCAM's event is top notch! There are 5 things I really appreciated:

1. You had high caliber competitive players.
2. Your coaches were actually involved with teaching, coaching, and managing the games.

3. Parent presentations were timed well, good speakers, and excellent content.
4. College coaches in attendance were actually evaluating and engaged.
5. The event was timely and organized.

I spoke with a parent whose son did not make the event but was invited. I shared with them that they might have possibly put their son behind the 8 ball by not taking advantage of that opportunity. My youngest son is going to be a junior this upcoming year and I am hoping that he does well enough to be nominated for next year because I wouldn't want him to miss that experience. I just want to thank BCAM for a great opportunity and experience!

Sincerely,
Reggie Williams II



BOCCC. What is that about? *by Joe Ricard, Chairman of BOCCC*



BOCCC is the Basketball Officials and Coaches Communication Committee. This BCAM committee was formed, obviously, in concern about the breakdown in communication between refs and coaches. Simple enough.

However, the BOCCC has expanded its efforts and has influence in areas such as recruiting of officials, sportsmanship awards, sportsmanship efforts, evaluations, ratings, brochures -- all great efforts. However, it has been a while since BOCCC reemphasized COMMUNICATION.

Coaches, what can you do to improve your communication with officials? Do you ever go out after a game for food and drinks? Do you ever ask the refs to join you? You probably know most of the refs who work your games; do you ever leave them a note, a card, cookies, or candy in their locker room? Do you ever sit with them for a bit during the game prior to yours? Do you greet them as they arrive and have a nice talk with them?

Refs, how about you, when was the last time you invited a coach out with you after a game? Those coaches are in the public eye, so you probably know when a coach has a special life event; have you ever sent that coach a card congratulating her/him on that event? Have you ever sought out a coach as soon as you arrive to say hello, sit with, or ask a question about things other than basketball?

People, we are involved in SCHOOL basketball. None of us make a living in SCHOOL basketball. There is still too much animosity and too many adversarial relationships in SCHOOL basketball to help anyone. The other side is not the "dark" side. Ask those who have both coached for a while and officiated for a while; people on both sides of the fence are the same.

Maybe you and BOCCC cannot do much about fan behavior or sport specialization or travel basketball or transfers or year around demands. However, you CAN do something about COMMUNICATION. Maybe if you do that, a few of your other basketball concerns will seem smaller.



Basketball Editions



Competitive Agility Drills for the Pre-Season

By Jon Sanderson MS,CSCS,MSCC,USAW1,TPI,NASM-CES

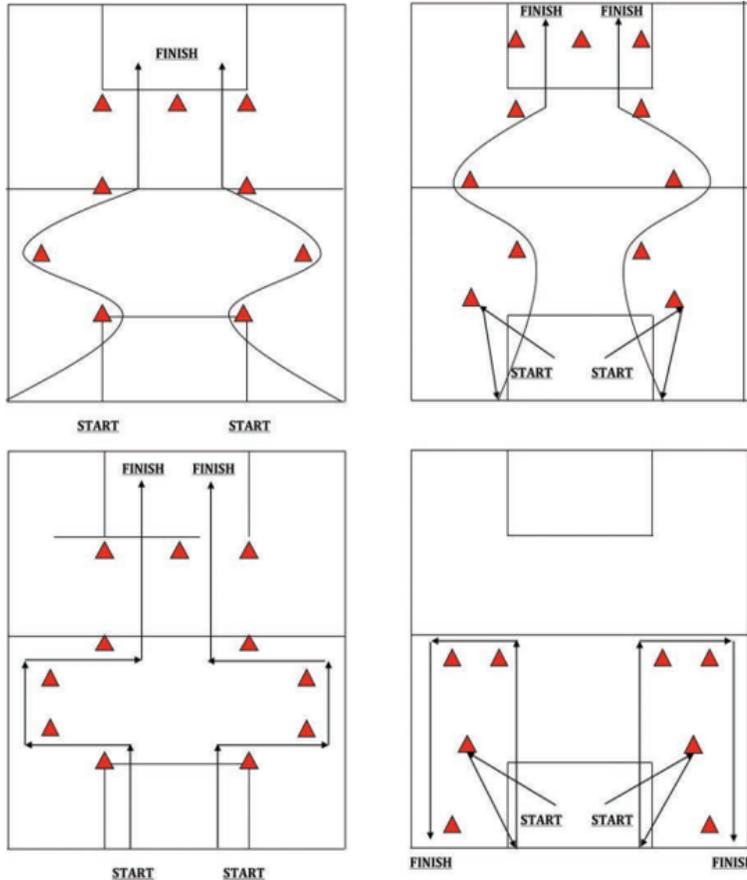
<https://www.blueprintathletes.com>

Head Strength & Conditioning Coach

Michigan Basketball



Below are 4 of my favorite agility drills that emphasize a competitive environment. The first thing I do is pair up my athletes by size/speed. For example, I want my point guards competing against each other or my bigs going against each other. The paired athletes will line up opposite each other and essentially race each other to the finish line. The race begins on the coaches command. (Note that agility drill 2 and 4 begin with a close-out drill).



If interested in the Camp Sanderson S&C program powered by  Blueprint Athletes App download:

Apple Phones <https://itunes.apple.com/app/apple-store/id1352866958?mt=8>

Android Phones <https://play.google.com/store/apps/details?id=com.blueprintathletes.android>

NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS NEWS RELEASE

High School Sports Participation Increases for 29th Consecutive Year

FRIDAY, AUGUST 24, 2018 INDIANAPOLIS, IN (August 24, 2018) — Led by an additional 15,009 participants in girls sports programs, the overall number of participants in high school sports increased for the 29th consecutive year in 2017-18, according to the annual High School Athletics Participation Survey conducted by the National Federation of State High School Associations (NFHS). The number of participants in high school sports in 2017-18 reached an all-time record high of 7,979,986, according to figures from the 51 NFHS member state high school associations, which includes the District of Columbia.

The number of girls participating in high school sports reached an all-time high of 3,415,306, and boys participation also set a new standard at 4,564,680. While the number of additional participants this year (16,451) was not as substantial as the previous year (94,635), a steady increase in several boys and girls sports extended the streak to a record-breaking 29th year.

Among boys' sports, soccer registered the largest gain with 6,128 additional participants. Other boys' sports with sizeable gains were cross country (3,824), volleyball (3,767) and golf (2,558). For the second consecutive year, competitive spirit had the largest increase among girls sports with an additional 18,426 participants, followed by swimming and diving (4,797), lacrosse (3,431) and golf (3,176).

With 1,035,942 participants, 11-player football remains the No. 1 participatory sport for boys in high school by a large margin. Outdoor track and field is No. 2 with 600,097 participants, followed by basketball (551,373), baseball (487,097), soccer (456,362), cross country (270,095), wrestling (245,564), tennis (158,151), golf (144,024) and swimming/diving (138,935). Outdoor track and field continues to lead the way for girls with 488,592 participants, followed by volleyball (446,583), basketball (412,407), soccer (390,482), fast-pitch softball (367,861), cross country (223,518), tennis (190,768), swimming/diving (175,594), competitive spirit (162,669) and lacrosse (96,904).

Despite remaining the top participatory sport for boys, 11-player football dropped for the second consecutive year. The decline in numbers, however, was not as high as 2016, and participation in 6-player and 8-player football continued to trend upward. In 2017, participation in 11-player football was 1,035,942, a two-percent decline of 21,465 from the previous year. The decline from 2015 to 2016 was 27,865, or 2.5 percent. While there have been some recent reports about schools dropping the sport of football for the 2018 season because of declining numbers, the overall number of schools discontinuing 11-player football before the 2017 season was minimal – a decline of 20 schools from 14,099 to 14,079.

DID YOU KNOW? If you've just finished a sprint and are totally out of breath, is it okay to slump over with your hands on your knees? It's a natural position for many athletes, but some of us remember coaches telling us we'll get more air if we stand up tall and raise our arms up high.

It turns out that slumping over is actually better for breathing. According to kinesiologist, Lorrie Brilla, bending over helps your diaphragm (the major breathing muscle) suck in more air. In her research, exercisers who bent over with their hands on their knees were able to lower their heart rate more quickly than those who stood p with hands behind their head.



“Patriotism is supporting your country all the time, and your government when it deserves it.”— **Mark Twain**

“Satisfaction lies in the effort, not in the attainment, full effort is full victory.”— **Mahatma Gandhi**

“Just because Fate doesn't deal you the right cards, it doesn't mean you should give up. It just means you have to play the cards you get to their maximum potential.”— **Les Brown**

“Anticipate problems and prepare to overcome obstacles. Don't wait until you get to the top of the ridge and then make up your mind.”— **Major Richard D. Winters**