

MHSAA-BCAM REACHING HIGHER SHOWCASE

JULY 17, 2018 @ MILFORD HIGH SCHOOL

Boys' Program

10:00 AM	Registration for boys. Arrive early!!!
10:55 AM	Meet in cafeteria. Take attendance.
11:00 AM	Nate Hampton - Welcome to Reaching Higher
11:05 AM	Introduction of Reaching Higher Coaches and Staff
11:10 AM	Guest Speaker: Dave Ginsberg – Social Media and the recruiting process
11:25 AM	Guest Speaker: Travis Bader
11:45 AM	Players depart for gym. Group picture. <ul style="list-style-type: none">• Parents stay for speakers: Mark Comstock (11:50) and Mike Watson (12:10)
11:50 AM	Stretch and flex
12:00 PM	Split into teams and work through skills sessions – 4 courts, 9 minutes each, 2 minutes travel and water between stations
12:45 PM	Team Practice
1:05 PM	Game #1 (game is two 20 minute running halves, a 2 minute halftime, each team is allowed one :30 timeout per half. Two minute water and travel time between each game.
1:55 PM	Game #2
2:45 PM	Game #3
3:30 PM	End of boys' session

Girls' Program

2:00 PM	Girls' Registration begins
2:55 PM	Meet in cafeteria. Take attendance.
3:00 PM	Welcome to Reaching Higher. Introduction of coaching staff.
3:10 PM	Guest Speaker: Dave Ginsberg – Social Media and the recruiting process
3:30 PM	Guest Speaker: Crystal Bradford
3:50 PM	Depart for gym. Group picture. Stretch and flex with Jason Nolan. <ul style="list-style-type: none">• Parents stay in cafeteria for speakers: Marc Comstock (3:55) and Mike Watson (4:15)
4:10 PM	Split into teams and work through skill sessions (4 courts – 9 minutes each – 2 minutes water and travel in between skills)
4:55 PM	Team Practice
5:15 PM	Game #1 (game is two 20 minute running halves, a 2 minute halftime, each team is allowed one :30 timeout per half. Two minute water and travel time between each game.
6:05 PM	Game #2
6:55 PM	Game #3
7:40 PM	End of event