

2018 BCAM WOMEN'S COLLEGE ACADEMIC TEAM

Jr. Reyna Frost Central Michigan University Physics 3.74 Reese, MI

Reyna Frost started all 35 games and helped lead the Chippewas to their first-ever Sweet 16 appearance in the NCAA Tournament with a 30-5 record, along with a MAC Tournament crown. Frost, a Physics major, not only excelled in the classroom this year, but also garnered impressive numbers on the court. The junior forward averaged a double-double (13.7 ppg, 11.9 rpg) and finished the season with a single-season MAC record of 416 rebounds. Her 11.9 boards per game ranked 10th nationally. She became one of only six CMU players in history to have recorded 1,000 points and 1,000 rebounds. Frost was named MVP of the 2018 MAC Tournament and garnered Second Team All-MAC honors.

Sr. Emily Kozal Kalamazoo College Spanish & Business 3.71 Ada, MI

Emily Kozal, a senior captain, led her team in several categories this past season: scoring (15.6 ppg), three-pointers made (46), free throws made (87) and free throw percentage (80.6) to earn Second Team All-MIAA recognition. Kozal left her mark in the K-College history books finishing sixth on the all-time scoring list (1,156 points) and third all time in three-pointers made (143). Academically, the Spanish and Business double major, was named to the MIAA Academic Honor Roll. While at KC, she has been an active member in civic engagement, volunteering as a GED tutor, for Girls on the Run program and the Special Olympics. Emily also completed an externship at a law firm assisting with Spanish translation.

Sr. Rachel McInerney Ferris State University Elementary Education 3.97 Saginaw, MI

Senior Rachel McInerney had an impressive career for the Bulldogs. Academically, the Elementary Education major, was a three-time GLIAC All-Academic Excellence Team selection and a 2018 CoSIDA Academic All-America Second Team honoree. Despite student teaching during the season, she earned a spot on the All-GLIAC First Team for the second straight year as well as the GLIAC All-Defensive Team. The starting center and team captain, McInerney helped FSU reach the GLIAC Tournament Semifinals for the first time since 2013. She led the GLIAC in rebounding (9.6 rpg) and field goal percentage (49.7), and was fourth in scoring (16.3 ppg). McInerney has been highly active in the team's community service initiatives, including the Bulldog Literacy Program, youth activity night and the Special Olympics.

Sr. Lindsay Orwat Northwood University Finance 3.92 Grand Ledge, MI

Northwood senior guard Lindsay Orwat is a high achiever in the classroom and on the court. She was a 2018 GLIAC Commissioner's Award recipient for outstanding academic and athletic achievement. Orwat has earned a spot on the GLIAC All-Academic Excellence Team each of the last three years. The Finance major also received First Team All-GLIAC honors this past year. Orwat averaged 17.8 ppg, shot 44.1% from the floor and 41.4% from three-point range. She ranked in the top five in the GLIAC in all three of those categories. Orwat finished the season with 498 points, the second-highest single-season total in school history, while making the fourth-most three pointers (63). A member of the Finance Club, she has spent time during her career volunteering for a variety of community outreach programs.

Sr. Meredith Williams Univ. of Michigan-Dearborn Engineering 3.85 Novi, MI

Meredith Williams was a 2017-18 Daktronics Scholar-Athlete Award recipient for the Wolverines. "Meredith's commitment to academics, athletics and the community is impressive," commented head coach Jordan Sweeney. He added "Her numbers might not pop, but she provided our team with much more than just stats. Her toughness, leadership, and taking on a new role as point guard (due to injury), speaks volumes about her character." A member of the WHAC All-Defensive Team, Williams also ranked in the top 30 nationally in assists, assists per game, steals and steals per game. She is actively involved in the campus community including: Tau Beta Pi, Society of Women Engineers, Tau Sigma, Pi Tau Sigma. Williams is a "wish granter" for the Make-A-Wish Foundation, along with volunteering in their events.