

SEPTEMBER, 2011 BCAM MONTHLY REPORT

Tom Hursey – Executive Director



FROM THE EXECUTIVE DIRECTOR'S DESK:

The end of July and beginning of August were busy times for many members of BCAM. The boys' and girls' Reaching Higher Showcases, All-Star Festival at the Palace, BCAM Board Meeting and the 2nd Annual Coaches vs Cancer Golf Outing were all successful events. Now we are accepting registrations for our Fall Coaches Clinic. I believe that an organization is either going up (improving) or going down. BCAM is continuing to GO UP. Our membership is at an all-time high (**4494**), we have many projects that benefit coaches and players, we have a great relationship with the MHSAA and we are improving our relationship with officials.

BCAM will continue to evaluate and improve the events with which we are involved. If we become satisfied with the status quo, then we surely will start going down. I am hopeful that 2011-12 will be another great year for BCAM and for each of you personally. I look forward to seeing you at the Fall Clinic as you prepare for another basketball season. Since only 8 varsity coaches have the potential to go undefeated this year, I hope you are doing all you can to make your season successful beyond the win-loss record.

BCAM FALL COACHES CLINIC – September 30, October 1 & 2 – Causeway Bay Hotel - Lansing

Every school (college, high school and middle school) was mailed a clinic brochure. Every member from last year and this year have been mailed a clinic brochure. You can use this brochure to register for the Fall Clinic OR go to www.bcam.org to register and pay online.

Where else can you see and hear Steve Alford, John Beilein, Bryce & Homer Drew, Travis Ford, Brian Gregory, Greg Kampe, Doc Sadler, Brad Stevens, Doren e Ingalls, and Greg Esler in one place for one low price? Don't delay since the clinic is only 4 weeks away. Remember that it often takes your school's business office several weeks to process payment requests. The EARLY BIRD Special Price of \$70 expires at midnight 9/1.



MHSAA-BCAM BOYS REACHING HIGHER SHOWCASE 2011

Rich Moffit - Chairman

The MHSAA-BCAM Boys Reaching Higher Showcase is geared to assist student-athletes in reaching the next level. One hundred eighteen players participated in educational sessions, fundamental basketball stations and played three games in front of 100+ college coaches [list may be found at <http://www.mhsaa.com/LinkClick.aspx?fileticket=vFRd6hCYyJg%3d&tabid=390>] on July 31st @ South Lyon High School.

The event featured inspirational keynote speakers Shane Battier [Memphis Grizzlies] and Tim McCormick [former U of M and NBA Player]. Marc Comstock [Tecumseh HS] and David Ginsberg [former high school coach and college

coach] provided classroom sessions for parents and players. Elizabeth Heinrich, University of Michigan, provided players with NCAA Compliance Information. Paul Galbenski, of NOAH Basketball, provided the services of NOAH's shot analysis to each individual player.

We had an outstanding group of high school coaches that worked at the event. A special thanks to the following coaches: Wood, Watz, Watts, Porter, Dold, Ewald, Buscemi, Small, Nichols, Gauthier, Hoff, Marfia, O'Donnell, Oats, Spencer, Brooks, House, Guy, Keener, Sprague, Simons, Samaha, Schroeder, Stidham, Young, Bauer, Hursey, Host and Conley. The South Lyon Public School System has been an outstanding host with a special thanks to Doug Host, Mike Teagan and Mitchell Rosekrans. Also a special thanks to Nate Hampton and the MHSAA team of workers.

This event has improved each year and we are implementing suggestions from college and high school coaches.

We are expecting the NCAA recruiting window to change this coming season. We will keep you up to date on any changes and confirm the date for next year's event. If you have a player who has college potential, please make sure that you contact the Reaching Higher Selection Committee. Additional information may be found at the following website: <http://www.mhsaa.com/Sports/BoysBasketball/ReachingHigher.aspx>.



MHSAA-BCAM GIRLS REACHING HIGHER SHOWCASE 2011

Tim Conley - Chairman

I would first like to share a very sincere thank you to all BCAM members who took a hand in assisting with the 3rd Annual Girls Reaching Higher Showcase this past July! The time put forth by members to have a successful event included the nomination of players, being a part of the selection committee, and/or being one of the coaches that helped on our very special day. Beyond BCAM affiliation, the Showcase educated both student-athletes and parents on the game and beyond, while having speakers that conformed to a theme of "What is going to get the ballplayer, not only to the next level, but how to succeed when they get there!" Our speakers included: Erinn Reed, current Ecorse High School Girls Varsity Basketball Coach, and former Miss Basketball; Brooke Meunier, former collegiate ballplayer from University at Buffalo, now the Director of Operations for the Saginaw Athletic Center, spotlighting how to succeed from a collegiate ballplayer's point of view; Marc Comstock, Adrian High School coach, and former collegiate coach, speaking about the *Realities of Recruiting*; as well as a motivational speaker, Dave Ginsberg, former college and high school coach and administrator.

A special thank you is extended to South Lyon High School administration, athletic department, and coaching staff for their continued support in hosting this phenomenal event.

We are now preparing for the next Reaching Higher Showcase! If any coach has an interest in being a part of the selection committee or the Showcase itself, please contact me via email (TJConley@stcs.org).

COMMENTS FROM ATTENDEES AT REACHING HIGHER:

Coaches,

I would like to say congratulations to all that were instrumental in organizing this year's Reaching Higher program. The program was a huge success and a great stepping stone for the truly committed Michigan athlete. The selection committee did a great job of picking the attendees from the underclassmen to the upper classmen. The guest speakers, the NOAH, the lunch, and the facility were all of the best quality! This program is perfect so don't change a thing! We have been to many of these programs around the country and our program here in Michigan has them all beat! Great job! I can only hope that our son works hard enough to make the 2012 attendee list! Please feel free to share this with the others that worked hard.

--Regards, Barry, Kathleen and Grant Smith (Goodrich HS.)



Rich,
Thank you for hosting a first class event. We really appreciate the hard work that went into putting on such a beneficial day for all involved. You guys have done it right. Good luck this upcoming season.

--College Coach

Rich,
Nice job on the event yesterday. It was really nice to go to an event run by real coaches. Thanks for all your effort.

--College Coach



2nd ANNUAL COACHES VS CANCER GOLF SCRAMBLE presented by Two Men and a Truck:

What a great day! One hundred forty-four golfers showed up at the Walnut Hills Golf Club in East Lansing to take part in a fundraising event for Coaches vs Cancer. Thanks to the generosity of our main sponsors (Two Men and a Truck, Auto-Owners, State Farm, Jersey Giant, M & M Distributors) along with all the other sponsors, we were able to raise **\$19,500**. This is an increase of over \$10,000 from last year's event.

I want to thank the men's and women's basketball programs at Michigan State, Central Michigan, Oakland University, University of Michigan and the men's basketball programs at the University of Detroit Mercy and Eastern Michigan. They either played in the event, donated to the event, or both.

Keisha Brown, women's basketball coach at Alma College was our honorary chairperson. As a cancer survivor, she gave a moving talk at the dinner following golf. The Michigan National Guard conducted a free-throw contest that gave basketball coaches a chance to show their stuff.

Plans are underway for our 3rd annual event. We expect another full house so make your plans soon to take part. Details will be sent to BCAM members next spring.

OUR FINAL TOTAL FOR COACHES VS CANCER IN MICHIGAN IS \$171,545! Hats off to all of you who raised money for Coaches vs Cancer last winter. This is an increase over last year of almost \$40,000. With the new discoveries that cancer research is coming up with, it is more important than ever that we do all that we can to bring in the money needed to continue this research. **NOW IS THE TIME TO PLAN YOUR EVENT FOR THIS WINTER.**

Dear BCAM:

I truly feel that this cause is worth the time and effort, hence the reason why I wanted to get involved and also the reason for Otsego High School and Vicksburg High School to start a "Bulldogs For The Cure" game which is now in its 4th year. We have raised over \$50,000 for our local organizations that serve and offer assistance to people in both of our communities that are fighting cancer...

I will continue to raise awareness (and money) for this important issue (as it has killed 13 members of my family over the last 8 years)...This issue hits home!!!

Thanks for all the hard work you and so many others put forth to make BCAM a great organization!

Nathan Alkire
Otsego High School Girls' Varsity Basketball Head Coach



YOUR HELP IS NEEDED!

My name is Penny Stevens. I am a Nurse Practitioner working in Trauma Services at Sparrow Hospital in Lansing, Michigan. We are conducting a research study about concussions in high school athletes. Your participation in this study is completely voluntary. The purpose of this research study is to examine the knowledge and practices of high school coaches regarding concussions in their student-athletes. We estimate that approximately 500 coaches will participate in this study.

If you agree to participate, you will be given a link that will connect you to the Survey Monkey website, and asked to answer eight questions about concussion. This should take about 5 to 10 minutes. All the information we receive from you via this survey will be strictly confidential. It will not be possible to identify individual participants.

Your participation in this study will potentially benefit student-athletes who experience a concussion. You may choose not to answer some or all of the questions. You have the right to withdraw from the study at any time. All research on human volunteers is reviewed by a committee at Sparrow Hospital to protect your rights and welfare. If you

have any questions you may contact me at (517) 364-3783, or by email at penny.stevens@sparrow.org. For questions regarding the rights of human subjects in research, you may contact Dr. George Abela, Sparrow Hospital Institutional Research Review Chair at (517) 364-2153.



If you agree to participate, please click on the following link which will take you to the survey:
<http://www.surveymonkey.com/s/ZBZH5G7>

BOCCC (BASKETBALL OFFICIALS AND COACHES COMMUNICATION COMMITTEE)

I would like to share some thoughts from the perspective of both a coach and parent. As a parent of three sons, who were involved in high school athletics, I wanted them to enjoy the game and hopefully have some success. As a parent I found it much more difficult to watch the game and be unbiased about the way the game was called, than as a coach.

As a coach I understand that officials have a very difficult task and generally do it very well. As a parent I may not have been as open minded because it involved my own child. Two of my sons are now high school officials and I would like to think they work hard and are respected for their efforts. If we as parents, coaches and officials respect each other's efforts and try to understand the challenging job we all have, maybe the student-athletes can really enjoy being part of the game we all love.

Al Schrauben – BOCCC Member and BCAM Hall of Fame Coach (Portland St. Patrick)

ALL-STAR FESTIVAL

BCAM's move to the Palace was great for the coaches and players. The venue was great as players had a chance to play where the pros play. Even though the attendance was not what we had hoped for, we believe that future festivals will be successful at the Palace.

Box scores are listed later in this Report or go to www.bcam.org and click on the carousel link.

Comments about the All-Star Festival:

Tom

I just wanted to say thank you for a very special last high school basketball high school game for our kids. The entire event was awesome and to have it at the Palace was amazing. We will never forget the day as well as the new friends that were made that day.

Thanks again! Here's to much success in college for all the kids that have worked so hard!

--Cathy Mavis, Saint Joseph, Michigan

Tom,

As usual a very well run all-star festival. As I watched parents and friends, they were thrilled that their kids were able to play in such an event.

Thanks for your leadership with BCAM. I appreciated the work you and Ron Vondette put into getting it off the ground years ago. At that point I was actively coaching. Since then, like many, I have moved on to administration, but my heart is still on the sideline. That has not diminished my appreciation for the efforts of BCAM.

--John Brandt
Valley Lutheran High School
Executive Director/Principal



IN CASE YOU MISSED IT: You might want to watch the video of MSU Quarterback **Kirk Cousins** as he speaks for Big Ten football players during the Media Day in July. He has a great message that high school athletes should hear. Click on or copy and paste: http://www.mlive.com/spartans/index.ssf/2011/07/michigan_state_quarterback_wow.html

Saturday, August 6, 2011 at "The Palace"

The 32nd Annual All-Star Festival at the Palace of Auburn Hills was an exciting day for basketball fans around the state of Michigan. Many of the state's top graduated seniors and coaches put on a show for the 3500 in attendance. Besides the four All-Star games, the Festival also featured the Three Point Shooting contest won by Sabrina Kent – Crestwood (girls), and Trevor Windemuller – Holland (boys). The Dunk Contest featured many highlights with Jalen Reynolds (Livonia Stevenson) taking home the championship. This was a great day that took the combined efforts of many people including Dan Christner (Chairman). The Palace was very helpful and it gave the players and coaches the chance of a lifetime to play and coach in this venue.

BCAM Women's C-D All-Star game stats



Black Team Coached by Doug and Dorene Ingalls (St. Ignace) – won 86-66

| NAME | SCHOOL | PTS | RBDS | ASSISTS | STEALS | BLOCKS |
|--|--------|-----|------|---------|--------|--------|
| Kristy Droste – Pewamo-Westphalia | | 8 | 9 | 3 | 0 | 0 |
| Nicole Elmblad – St. Ignace LaSalle (MVP) | | 23 | 7 | 6 | 2 | 1 |
| Heather Lantis – Hillsdale Academy | | 2 | 8 | 4 | 1 | 0 |
| Andrea Sebby – Adrian Lenawee Christian | | 8 | 7 | 1 | 3 | 0 |
| Morgan Warfield – Camden Frontier | | 13 | 2 | 1 | 1 | 1 |
| Kaitlyn Theisen – Saranac | | 10 | 5 | 3 | 3 | 0 |
| Jade Sills – Sterling Hgts Pkwy Christian | | 6 | 4 | 0 | 0 | 2 |
| Megan Harris – Athens | | 6 | 3 | 0 | 3 | 0 |
| Grace Wheeler – St. Ignace LaSalle | | 8 | 5 | 5 | 1 | 0 |
| Brooklyn Wingfield – Adrian Lenawee Christ. | | 2 | 7 | 2 | 1 | 0 |

White Team Coached by Al Becker (Central Lake) and Matt Benge (Sand Creek) – Lost 66-86

| NAME | SCHOOL | PTS | RBDS | ASSISTS | STEALS | BLOCKS |
|---|--------|-----|------|---------|--------|--------|
| Maria Almquist – Hancock | | 6 | 9 | 2 | 1 | 0 |
| Taylor Bicknell – Clare | | 0 | 1 | 1 | 0 | 0 |
| Emily Gray – Frankfort | | 1 | 1 | 1 | 1 | 1 |
| Mara Ryyananen – Chassell | | 7 | 3 | 1 | 1 | 0 |
| Trista Brownlee – Saginaw Valley Lutheran | | 3 | 1 | 0 | 0 | 0 |
| Kaitlyn Scott – Hale | | 3 | 1 | 1 | 2 | 0 |
| Chelsea Matley – Kalkaska | | 1 | 4 | 1 | 1 | 0 |
| Kayla Engelhard – Saginaw Valley Lutheran | | 11 | 5 | 1 | 1 | 1 |
| Brooke Etheridge – Manistee Catholic Cent. | | 0 | 1 | 1 | 0 | 1 |
| Taylor Hagen – Onekama | | 0 | 1 | 1 | 0 | 0 |
| Hannah Payne – Clinton | | 9 | 3 | 1 | 1 | 0 |
| Lauren Robak – Waterford OLOT Lakes | | 11 | 1 | 1 | 3 | 0 |
| Halle Wangler – Royal Oak Shrine (MVP) | | 14 | 5 | 1 | 2 | 0 |

Black led 47-21 at halftime behind the solid player of Miss Basketball runner up Nicole Elmblad and Morgan Warfield. White made run in second half on the high scoring of Lauren Robak and Halle Wangler. Elmblad won the MVP award for the Black team; Wangler took home the MVP for White.



BCAM**Women's A-B All-Star game stats**

Black Team Coached by Ben Smith (Marquette) and Rich Ledy (Marquette) Lost 79-64

| NAME | SCHOOL | PTS | RBDS | ASSISTS | STEALS | BLOCKS |
|--------------------|------------------------|-----|------|---------|--------|--------|
| Jasmine Hines | Central Lake | 6 | 3 | 1 | 0 | 1 |
| Breanna Birmingham | Battle Ck/Har. Ck. | 0 | 2 | 1 | 1 | 0 |
| Crystal Bradford | Inkster (MVP) | 16 | 5 | 1 | 3 | 1 |
| Shelby Herrington | Hemlock | 4 | 2 | 0 | 2 | 1 |
| Eryn Mayday | Utica | 6 | 4 | 0 | 0 | 1 |
| Katie Mavis | St. Joseph | 6 | 3 | 2 | 1 | 0 |
| Leah Scott | Inkster | 3 | 2 | 2 | 0 | 0 |
| Kerby Tamm | Petoskey | 2 | 7 | 5 | 3 | 1 |
| Sharetta Brown | Grand Blanc | 15 | 6 | 0 | 0 | 1 |
| Brooke Borowski | Pontiac Notre Dame | 1 | 1 | 1 | 0 | 0 |
| Christina Nagle | Sterling Hgts Ford II | 2 | 2 | 2 | 0 | 0 |
| Destiney Robinson | Grand Rapids Christian | 0 | 2 | 0 | 0 | 0 |
| Jade Ledy | Marquette | 3 | 2 | 0 | 0 | 0 |

White Team Coached by Jason Bingaman (Three Rivers) & Mike Balcom, (Richland Gull Lake) Won 79-64

| NAME | SCHOOL | PTS | RBDS | ASSISTS | STEALS | BLOCKS |
|--------------------|--------------------------|-----|------|---------|--------|--------|
| Danielle Blake | Midland | 4 | 1 | 2 | 0 | 1 |
| Alexis Harris | Detroit Renaissance | 2 | 6 | 0 | 1 | 1 |
| Becca Mills | Midland Dow (MVP) | 14 | 10 | 3 | 0 | 2 |
| Katy Barkley | Olivet | 5 | 4 | 0 | 1 | 0 |
| Kandace Crittendon | Byron Center | 10 | 1 | 0 | 0 | 0 |
| Megan Grimes | Richland Gull Lake | 0 | 2 | 3 | 1 | 0 |
| Deborah Hoekstra | East Lansing | 13 | 3 | 3 | 3 | 1 |
| Mandy Johnson | Holt | 7 | 3 | 2 | 3 | 1 |
| Kelsey Jones | Reed City | 0 | 6 | 2 | 0 | 0 |
| Janelle McQueen | Farmington Hills Mercy | 9 | 3 | 0 | 0 | 1 |
| Morgan St uut | Three Rivers | 10 | 7 | 3 | 3 | 0 |
| Samantha Zirzow | Goodrich | 5 | 3 | 1 | 1 | 0 |

Black team led 40 – 30 at halftime. Deborah Hoekstra hit three 3 pointers in the half to give Black the ten point lead. The White team cut into the lead behind Crystal Bradford's 11 second half points, but they could not overcome the play of Becca Mills (10 points 2nd half) and her White team. Mills took home the MVP for the White while Bradford garnered that honor for the Black team.

BCAM
Men's C-D All-Star game stats

Black Team Coached by Ryan Klingler (Fennville) and Cory Howard (Fennville) – Lost 96-90

| NAME | SCHOOL | PTS | RBDS | ASSISTS | STEALS | BLOCKS |
|-------------------|----------------------------|-----|------|---------|--------|--------|
| Nic Greenwood | – Clinton | 2 | 4 | 0 | 0 | 1 |
| Austin Marine | – Leroy Pine River | 6 | 2 | 1 | 2 | 2 |
| Jalen Carter | – Big Rapids Crossroads | 4 | 6 | 0 | 4 | 0 |
| Kody Chandler | – Schoolcraft (MVP) | 17 | 6 | 3 | 1 | 1 |
| Jordan Chartier | – Superior Central | 2 | 6 | 2 | 1 | 0 |
| Robert Davis | – Detroit Westside Christ. | 15 | 4 | 2 | 1 | 0 |
| Shane Hentkowski | – Posen | 0 | 3 | 1 | 3 | 2 |
| Michael Kamp | – Bridgman | 7 | 4 | 0 | 1 | 0 |
| Spencer Nielsen | – Jonesville | 5 | 3 | 2 | 0 | 3 |
| Derek Pistulka | – Rapid River | 5 | 5 | 2 | 0 | 0 |
| Peter Sullivan | – Hillsdale Academy | 15 | 8 | 0 | 0 | 0 |
| Bradley Wenzlick | – Sanford Meridian | 3 | 1 | 1 | 0 | 0 |
| Edmond Shinevarre | – Monroe SMC | 8 | 1 | 2 | 0 | 0 |

White Team Coached by Mark Keeler (Wyoming Tri-unity) & Brandon Blanker (Wyoming Tri)-Won 96-90

| NAME | SCHOOL | PTS | RBDS | ASSISTS | STEALS | BLOCKS |
|-------------------|---------------------------|-----|------|---------|--------|--------|
| Donnovan Aleman | – Genesee | 9 | 3 | 1 | 0 | 0 |
| London Burris | – Muskegon WMC | 7 | 6 | 4 | 1 | 0 |
| Garrison Glowniak | – M.C. Card. Moon. | 9 | 4 | 1 | 3 | 0 |
| George Goodman | – Saginaw BV (MVP) | 18 | 3 | 5 | 3 | 1 |
| Collin Hewitt | – Harbor Light Christian | 6 | 1 | 0 | 0 | 0 |
| Drew Janer | – Bay City All Saints | 9 | 2 | 0 | 2 | 0 |
| Randall Moore | – Marcellus How. Christ | 6 | 3 | 0 | 2 | 0 |
| Alex Storm | – Marlette | 4 | 4 | 1 | 0 | 0 |
| Durant Vega | – Wyoming Tri-unity | 9 | 0 | 2 | 0 | 0 |
| Ryan Watz | – Morrice | 3 | 4 | 1 | 0 | 1 |
| Connor McLeod | – Cedarville | 7 | 5 | 1 | 0 | 2 |
| Matthew Sinnaeve | – Gwinn | 9 | 7 | 1 | 0 | 2 |

In the best game of the day, the White team led 41-39 at halftime behind 11 players scoring with MVP George Goodman leading the way with 7 points and some slick passing in the first half. The game had a breakneck pace and was back and forth the entire 40 minutes. Black MVP Cody Chandler and Peter Sullivan did their best to bring the Black team back scoring 9 and 12 points respectively in the 2nd half. But in the end, it wasn't enough as the White team hit 6 threes in the second half (Glowniak 2) to secure the win.

BCAM Men's A-B All-Star game stats

Black Team Coached by George Ward (Detroit S.E.) and Dave Zauner (East Detroit) – lost 115-81

| NAME | SCHOOL | PTS | RBDS | ASSISTS | STEALS | BLOCKS |
|---|--------|-----|------|---------|--------|--------|
| Dwaun Anderson – Suttons Bay (MVP) | | 23 | 8 | 2 | 1 | 2 |
| Spencer Parker – West Bloomfield | | 9 | 2 | 1 | 0 | 3 |
| Aaron Fox – Battle Creek Pennfield | | 0 | 7 | 2 | 1 | 0 |
| Brandan Kearney – Detroit S.E. | | 8 | 4 | 3 | 1 | 0 |
| Cory Starkey – Petoskey | | 12 | 5 | 0 | 0 | 1 |
| Cole Walderza – Standish Sterling | | 4 | 8 | 0 | 0 | 3 |
| Vincent Adams – Flint Powers CC | | 5 | 1 | 0 | 0 | 0 |
| Patrick Lucas-Perry – Flint Powers CC | | 9 | 3 | 2 | 1 | 0 |
| Ty Mason – Comstock Park | | 4 | 0 | 1 | 0 | 0 |
| Jorddan Myrick – Holland West Ottawa | | 4 | 5 | 2 | 2 | 0 |
| Dietrich Lever – Canton | | 7 | 3 | 0 | 1 | 0 |

White Team Coached by Carlton Valentine (Sexton) and Steve Finamore (East Lansing)- won 115-81

| NAME | SCHOOL | PTS | RBDS | ASSISTS | STEALS | BLOCKS |
|--|--------|-----|------|---------|--------|--------|
| Jared Briguglio – Saginaw Swan Valley | | 7 | 0 | 2 | 1 | 0 |
| Carlton Brundidge – Southfield | | 15 | 5 | 2 | 2 | 0 |
| Tyler Ellis – Auburn Bay City Western | | 1 | 2 | 2 | 1 | 0 |
| Conor Hogan – Grand Rapids Catholic | | 0 | 2 | 1 | 0 | 0 |
| Mack McKearney – Okemos | | 5 | 0 | 0 | 0 | 0 |
| Ryan Sabin – Byron Center | | 12 | 1 | 1 | 0 | 2 |
| Jaylin Staten – Grand Rapids Christian | | 5 | 7 | 3 | 2 | 1 |
| Jalen Reynolds – Livonia Stevenson | | 9 | 9 | 0 | 0 | 1 |
| Tyrin Wade – Lansing Sexton (MVP) | | 20 | 11 | 4 | 0 | 1 |
| Tyler Krim – Fremont | | 6 | 2 | 1 | 1 | 0 |
| Anthony Adams – Pontiac | | 6 | 1 | 3 | 2 | 0 |
| Trenton Messer – Richland Gull Lake | | 7 | 8 | 0 | 2 | 2 |
| LaDontae Henton – Lansing Eastern | | 17 | 7 | 0 | 1 | 0 |

Although the teams were talent laden, the game was a rout with the White team easily winning 115 to 81. The White team jumped out to an early lead under the inside/outside play of MVP Tyrin Wade and LaDontae Henton who each had 10 in the first half. Black MVP and Mr. Basketball Dwaun Anderson did all he could to counter the duo scoring 16 of the Black team's 35 total halftime points. The second half was more of the same with a heavy dose of Wade and Henton for the White team, although the Black team did get some second half help for Anderson with Corey Starkey and Spencer Parker each scoring 9 second half points. The game had several highlights and many dunks to keep the fans engaged.

WHAT DO YOU SEE?

By Bill Ullenbruch – BCAM Hall of Fame Coach

AS YOU LOOK IN THE MIRROR, WHAT DO YOU SEE?

- One of a kind — no one in the world is exactly like you!
- God has given you the tools to face the challenges of life – do you put those tools to work?
- Does that image in the mirror make a positive difference in the world? Reaches out to all?

- That person in the mirror does not have the same equality as all others – the choice is in how much effort and intensity you use your own qualities.
- Is there a glow in that reflected image – is there a passion that radiates back to you?
- Do you see in the mirror a person who is grateful for being a part of a family – good or bad? – You can make it what you want it to be.
- The image that you see – are you thankful that it is you?
- Most of all – do you like what you see?

“I pray that someday you will be proud of what you see in the mirror.”

CHARACTER COUNTS with Michael Josephson: SLOW DANCE 734.5

I once heard the chairman and CEO of a huge public company tell a roomful of ambitious, hardworking, dedicated executives that if he had to do it all over again, he would have spent more time with his family. That’s not news, but to Type-A personalities, it’s easier said than done.

David L. Weatherford’s poem “Slow Dance” sends the message in a particularly compelling way:

Have you ever watched kids on a merry-go-round
Or listened to rain slapping on the ground?
Ever followed a butterfly’s erratic flight
Or gazed at the sun fading into the night?
You better slow down, don’t dance so fast,
Time is short, the music won’t last.

Do you run through each day on the fly?
When you ask, “How are you?” do you hear the reply?
When the day is done, do you lie in your bed
With the next hundred chores running through your head?
You better slow down, don’t dance so fast,
Time is short, the music won’t last.

Ever told your child, “We’ll do it tomorrow,”
And in your haste not seen his sorrow?
Ever lost touch, let a good friendship die,
’Cause you never had time to call and say hi?
You better slow down, don’t dance so fast,
Time is short, the music won’t last.

When you run so fast to get somewhere,
You miss half the fun of getting there.
When you worry and hurry through your day,
It’s like an unopened gift thrown away.
Life is not a race, so take it slower,
Hear the music before your song is over.

The question isn’t whether this makes sense to you. It’s what are you going to do about it, and when are you going to start?

This is Michael Josephson reminding you that character counts.

Where Have They Gone?

Over the past couple of days on Twitter, there have been some rumblings about things that are almost lost arts in basketball. It got me to thinking about some of the things that are not as emphasized as they used to be, or things that people simply do not want to value. It seems like a lot of times with young players they want to look cool. Playing hard has almost become a bad thing to some.

The 4 things I am going to focus on for this are: post entries, off the ball screening, boxing out, and the mid-range jump shot.

1.) The simple idea of entering the ball in the post needs 2 things to be successful. First the ball handler must get a good angle. Second, the post player must establish position and maintain it. Sounds pretty

simple, but I cannot count how many times we had turnovers on this. We had a rule at UW-Parkside that said we couldn't enter the ball in the post unless we got outside the volleyball lines. Trying to throw it from the top is a tough pass. The second problem with the passer is that they do not pass it away from the defense. The biggest problem with the receiver is that they simply do not post hard and get pushed out to 15 feet.

2. Off the ball screening is what makes good motion go. However, the concept seems lost with so many dribble drive offenses and ball screening offenses. Again it takes 2 people to set it up (The cutter and the screener). Good off the ball movement helps to create great shots. However, a lot of times the 2 players just simply interchange with each other and therefore have not gained any advantage on the defense. Its not easy to run good motion and a lot of coaches seemed scared to put that much freedom in their players hands.

3. Boxing Out: As players have gotten more athletic, the trend has been to check and release. At the higher levels I would agree with it. However at the small college level and high schools it is a rarity to see a good box out. Any successful team needs to be able to defensive rebound to win games on a consistent basis.

4. The last one is the mid range jump shot: Simply put, how many times do you see a sport center highlight of a mid range jump shot?? It is a very fundamental play that is tough to find in younger players, they all want to shoot the 3.

These 4 things are all things that can be emphasized from a coaching standpoint and would instantly make your team better.

Shared by Coach Kyle Brown

Ten Keys to a Good Offense

By Coach Terry Battenberg

- 1. Takes advantage of the talent on the team.**
- 2. Has options that get easy, inside shots.**
- 3. Contains plays that get your best scorer(s) open shots**
- 4. Has backdoor plays to relieve pressure.**
- 5. Contains options to get the ball inside to a scorer.**
- 6. Has sets to run the clock down or control the pace.**
- 7. Sets up similar for man or zone defenses.**
- 8. Positions players (3, 4, 5) to get offensive rebounds.**
- 9. Has an option for a three-point shot opportunity.**
- 10. Is easy to learn and builds through the season.**

Coach Battenberg

www.coachbattenberg.com

Honor, Courage and Teamwork

Zig Ziglar

Vice Adm. James Stockdale was a senior officer when captured during the Vietnam War. As such, the men looked to him for leadership; he did a marvelous job of setting a good example. He then applied his experiences to everyday living. First, Stockdale said that **life is not fair**, and "the challenge of education is how to prepare young people to respond with grace when they don't succeed. They need to know that a failure is not the end of everything, how to not give up in the face

of adversity.

"At the time I was shot down, I had the top job a Navy fighter pilot could hold. Suddenly, I was isolated and crippled, with my captors trying to tear apart my system of values. I was able to overcome the "why me" feeling by recalling my studies of men who had successfully dealt with failure in our historical past. The Biblical story of Job reminded me that life isn't always fair; even honest and upright men can be tested by evil, and must be prepared to deal with it."

The much-admired Vice Adm. Stockdale went ahead and said, **"Don't worry about things you can't control. Many things we don't cause, and we burn a lot of nervous energy worrying about things ultimately not determined by us. There is one important thing we have the choice to control: our attitude."** I completely agree.

Stockdale said, **"Courage is endurance in the presence of fear. In the prisons of Hanoi at one time or another, all of us were forced to submit under brute force. Our captors went to great lengths, alternating force with suggestions of 'Be reasonable,' or 'Meet us halfway,' to get a man to compromise his honor, if only a little. Like drug dealers, they knew that if a man begins to compromise, he could be brought under control."**

In my own training sessions, I have frequently said that if you get a person to compromise once, whether on price or principle, the second compromise is just one short step behind. That's why we need to be careful in our personal, family and professional lives to watch those exceptions. They frequently will destroy us.

A classic example is the false belief of the former smoker that he or she can "handle just one smoke." Another is the alcoholic who has been sober for a number of years, and then, at the urging of friends, takes "one drink" because it "won't hurt him." Once again, we have the exception that destroys the individual.

Vice Adm. Stockdale pointed out that you are your brother's keeper.

"There is always a temptation to better your position by thinking only of yourself. Some people, trying to move up the ladder of success, tend to say, 'I'll survive at any cost,' or 'It's the result that counts.' In the prison camps, we learned the hollowness of that conventional wisdom.

If guys stayed alone, clinging to self-preservation, our captors could tear us apart by playing one against another. Through our secret wall 'tap code,' we wrote our own laws, and codified certain principles that formed the backbone of our attitude. Our highest value was to support the man next door."

What a beautiful description of teamwork. It's been said on numerous occasions, **"Divide us, and you conquer us, but as a team, we will survive."**

Yes, it's important to have honor that we want to uphold, and that's what Vice Adm. Stockdale was talking about. And yes, it does take courage, in the face of great adversity and physical pain, to stand fast; ultimately, the team working together against a unified enemy enables us to survive individually. Take Stockdale's advice, and you'll be better as a result of it.